

## Interchurch Baseball Scholarships

President James De Vecchi announced the following selection for \$100 Scholarship Awards for 1969. Selections were made by a screening committee from a large group of applicants. Selection was based on a combination of scholastic standings, participation in extra-curricular and civic activities, athletic achievements, and future educational plans. To be eligible, applicants must have played in the Inter-Church Baseball League at least one full season and accepted at an accredited college, jr. college or technical institute.

Paul Vella, 10 Alfred Ct., Agawam; George B. Bickford, 35 Elbert Rd., Agawam; Robert A. Waniowski, 417 So. Westfield St., Feeding Hills; James D. Valenti, Jr., 379 Spfld. St., Agawam; and Alan K. Wright, 364 Suffield St., Agawam.

## SCALES NEW EDITOR OF AIC YEARBOOK

SPRINGFIELD, Mass. — Frederick G. Scales of 80 Reed St. will serve as editor of the 1969-70 Taper, the yearbook, at A.I.C., according to D. Irving Conrad, director of student activities.

Scales, who will enter his senior year at A.I.C. in September, is a graduate of Cathedral H.S. where he was a member of the track and ski teams. An economics major at A.I.C. Scales attended Holyoke Community College.

He served as assistant editor of the 1969 A.I.C. yearbook which will be distributed in the fall.

## Gloucester SEAPORT FESTIVAL

Fishing schooners will once again weigh anchor in Gloucester Harbor and songs by the Serendipity Singers will fill the sea air as the Atlantic Ocean port celebrates its 2nd Annual Gloucester Seaport Festival August 21, 22, 23, and 24.

Residents and visitors to the Mass. city will don yellow Sou'westers, the wide brimmed hat of the fisherman, for the weekend events. The activities calendar runs the gamut from races to concerts. The great Schooner race will start and finish a 16.1 mile course in Gloucester Harbor; famed as a home port to many of the great fishing vessels of the past. Following Saturday's race the schooners will anchor until dark for the Harbor Illumination. Included in the salty schedule is a boat parade, tuna tournament and orman's race. For the landlubbers there will be a bicycle race on shore.

The Serendipity Singers will be a highlight of the musical arrangements with a Cape Ann Symphony concert, a concert by the Boston Fireman's Band, a Vesper Service and a Carillon Concert from the bells in the tower of Our Lady of Good Voyage Church, the church of the fisherman. "The Gloucester Story" will be staged for 2 nights and in another native touch a giant Fish and Chips party will be held. With youth activities and a children's art show the weekend rounds off all age groups and the theme of the Seaport festival, "Sail On Gloucester" will be carried through the colorful float parade preceeding Sat. evening's activities.

For further info.: Contact Len Bolonsky, 3 Page St., Gloucester, Mass. tel. 283-4769.

## TROMBLE WINS PRIZE

Daniel C. Trombla of 194 School St. is one of 100 second prize winners in a nat. sweepstakes promotion sponsored by the Millers Falls Co. as part of its centennial celebration.

Trombla won a Millers Falls double insulated, Shock-Proof, deluxe 1/4" drill.

The winning entry, chosen from among 29,000 entries by an independent judging organization, was deposited at Zundell Co., one of more than 700 Millers Falls dealers who participated in the promotion.

A PURPLE MARTIN CAN EAT 2000 MOSQUITOES PER DAY!

# THE AGAWAM

# News INC.

"The Heart Beat of the Town"  
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OVER 10,000 READERS

Agawam's First Newspaper Serving All The People

Vol. 18 No. 28 Agawam, Mass.-Thursday, July 10, 1969

5c per copy-1.00 per year

The following 2 editorials are taken from our Feb. 8 and Feb. 15 editions. These were printed before the annual Town Meeting. Please note how accurate the predictions were for tax increases . . . .

## AGAWAM — Be Warned! Forewarned is Forearmed

Where do we go from here? What now, Agawam? Let's take a hard look at Agawam and its future. What can we expect? The year 1969 financially could be the beginning of a dollars and cents fiasco that will make it prohibitive for residents to own their own homes. We can look forward to tax jumps of from \$10.00 to \$20.00 per year for the next 4 years. How and why? Let's delve into the whys and wherefors a bit. Our town warrant this year, if all money articles pass, will total in the neighborhood of \$1 million over last years' budget. It will be almost impossible to cut this amount to the \$1/2 million mark, which means anywhere from \$13.00 to \$15.00 per 1000 tax increase this year. Our observation dictates that the town budget increase will go over the 1/2 million mark.

### Costs up - up - up

Other prospects involved are: Income from new construction, in tax dollars, will not be more than \$125,000. The initial talk is that the school budget alone will be above \$300,000 over last year. This year, what must be added to the RED side of the ledger are many items up for action, A New Library--New Town Hall--New School--Sewer Survey--Wage increases (cost of living)-- Fire stations--Staff for New School-- Sewers--Water lines--Sidewalks--Street drains-- Rubbish collections--Garbage collections--Kindergarten--Snow plowing--Road maintenance--Police--Firemen--Insurance--Interest rates--on and on-- Constant increase in material costs--Welfare--Medicare--Medicaid, up, up, up, -- with no end in sight.

### Homeowners to Bear Burden

The homeowners must bear the brunt of this load. As we see it, it will not be long before it will cost more to live in your home (even if it is all paid for) than when you could pay off your mortgage, taxes and interest for less than just your taxes will soon be.

### No Initiative Taken

What have your administrators contributed to creating a proper balance of the budget to your tax increases? There hasn't been 1 initiative taken by your Selectmen to overcome the increasing imbalance of your tax burden!

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## WHAT TO DO NOW?

Last week I painted a picture that was quite bleak, pointing out "What Agawam will be faced with" in the next 4 yrs., regarding taxes.

I am sorry to say the picture I painted was not quite bleak enough. Perhaps the word I should have used was "disastrous"! With further study of the budgets, plus the amount the State is going to short change us, in funds that is, this year, our cherry sheet fund will be barren. The "Cherry Sheet", is our share of funds distributed by the state, plus, if we give proper consideration to needs, wants, & services, Agawam will be flirting with a \$20.00 a thousand tax increase this year, and, after last year's \$14.00 increase in taxes, my prediction of last year on town meeting floor, that our tax rate will be \$100.00 a thousand, has come true.

The taxpayers this year should have expected the Selectmen to initiate some action to overcome this sorry situation.

To those who feel all I am doing is pointing the finger of accusation, let me say, if I were a Selectman this past year, I would have explored (as I have already done) all the answers to our desperate needs on how to relieve the eminent tax burden, and not only for the present, but the future.

One of the proposals I would have attacked, analysed, and prepared for presentation for this town meeting due on Feb. 8th is what to do about the New school, New town hall, New library, Kindergarten, Police station. I would have come to the town meeting prepared down to the last detail on cost & feasibility, of 1--build new high school; 2--use present high school for Jr. High; 3--use present Jr. High for town hall; 4--use present town hall for needed library; 5--use surplus rooms and space to launch the kindergarten program, which we must do by law.

Let's talk about this a bit. The new high school would cost \$7 million -- to build all I have listed above would cost \$8 million, so it can generally be seen it would cost less to use this plan. Let me point out that the only item the town will get participating money is on the school. All other items the town would have to pay the whole load.

### SCHOOL'S OUT



The best show on earth is the human race, and the performance is continuous, and free.

The feeling that you've done a job well is rewarding; the feeling that you've done it perfectly is fatal.

ALA safety officials say motorists who think driving is a game are often the ones who kill and maim.

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## Farmer in a Far-off Land

by Moritz Thomsen

### PART 3 — THE VILLAGES DOWN BELOW

As new Peace Corps Volunteers we arrive in the country where we will work for two years with the secret conviction that we are really going to change things. All the people in training have already told us that we won't change things much or that if we do it may not be apparent for ten or fifteen years. We don't believe it; we know it isn't true. But we don't talk about it, it's a secret conviction, which if we hadn't had, I guess, we wouldn't have been attracted to Peace Corps.

But by the time I had to leave Ecuador I had become an expert in the difficulty of getting people in my village to change their ways. Boy, was I an expert. I viewed my work with a certain humility that I hadn't had when I arrived. Maybe in ten years, I thought, maybe in ten years I could have got something pretty big going. I had actually deeply touched no more than a handful of people and helped them get new skills and attitudes so that they would never again accept their poverty as being inevitable, but the rest of the village had pretty much withstood my stimulating presence.

I felt as though I left everything of myself behind. I came away from my village emotionally exhausted, really empty.

I said goodbye, weeping, of course, and my friends wept too, and I promised to come back, but it was individuals that I was going to miss, not the town itself. I had done what I could, and it had been the greatest and most rewarding experience of my life, but it was time to leave.

Up in Quito, the capital, I terminated from the Peace Corps and made plane reservations; it all took about a week and most of the time I slept. By the day of departure I had picked up a lot of my old emotions, and driving out to the airport and sort of appraising the whole experience I felt optimistic and hopeful. There were about 250 volunteers in Ecuador, and it seemed to me that we were making an impact. If I had changed my village one-tenth as much as it had changed me, I thought, then I must have made an impact. And I was only one out of 250.

I was flying home in a four-engined plane instead of a jet. It was not only cheaper, but it flew low and you could see things out the window. So here we go, farewell, Ecuador, up, up, and away—over Ecuador, Colombia, Panama, Costa Rica, Guatemala, and El Salvador—and sat there looking out the window with a growing sense of depression, for what I saw as the hours passed was a thousand villages just like mine, five thousand villages just like mine. Villages hacked out of jungle or hanging on mountain slopes or shining in the sun on the tops of knife-like ridges, little gatherings of houses stretched along the ocean beaches or fitted into the curves of winding rivers. My world for four years had been my village and about fifty miles of beach, and it had been an enormous world, much more than I could ever understand, but now I was being forced to fit it into a new perspective, and suddenly I felt as though everything that I had done was just a drop in the ocean, a great futility. Hour after hour we flew over the sleeping land, over the thousands of villages of the poor. How many volunteers I flew over that afternoon, of course, I'll never know, but it couldn't have been over fifty at the most. I suddenly realized just how thin we were spread.

It is an impossible dream, of course, to dream of putting 5,000 American farmers in 5,000 villages, but it's not wild at all to feel that Peace Corps could double or quadruple its efforts in the field of agriculture.

Many of those villages that I flew over could have benefited in some way from the presence of an American

Moritz Thomsen fought in World War II and then was a hog farmer for 20 years near Red Bluff, California. At the age of 50 he joined the Peace Corps and recently returned from four years of service as a Volunteer in Ecuador.

farmer living there as a member of the community, caught up and involved in seeking solutions to local problems—problems of bugs or drought or plant disease or soil fertility; problems of marketing or crop storage or weed control.

The trouble is, the Peace Corps hasn't been getting through to American farmers: it hasn't made it clear enough how much they're needed.

The Peace Corps was started eight years ago by President Kennedy with the idea that the most lasting way to help the people of poorer nations is by sharing our skills with them — by helping them help themselves. Since then more than 37,000 American men and women of all ages and backgrounds have gone abroad to work for two years as Peace Corps Volunteers, and there are volunteers now working in 60 countries.

Congress made a few simple requirements for volunteers: they must be citizens at least 18 years old, single or married, but with no dependents under 18.

Each volunteer is paid \$75 a month which is banked for him and which he receives (less taxes) when he completes his service. A volunteer also receives a living allowance in training and overseas. The amount depends on the country where he is serving and is set at the level of his "host country counterpart." In Ecuador, I received about \$100 a month, about the same as an Ecuadorian extension agent. And as my village friends reminded me time and again, it made me far and away the richest man in town. Anyway, it's always enough to cover basic living expenses with enough left over to buy an occasional ticket to the movies. There are other benefits, too — full medical care, dental care as needed, vacation time, and inexpensive insurance among them.

Housing varies quite a bit, but there's only one requirement — it has to be modest so that it doesn't set you off as just another "rich American." A volunteer assigned to an experimental farm would probably live in government quarters with lights, water and all of what we regard as the basic necessities (though for more than 50 percent of the world these things are the most unimaginable luxury). If you were working with village farmers and they lived in thatch houses you would in all probability find yourself a thatch house, buy a kerosene lamp and Coleman stove — and start living.

Married couples can serve, too. For instance, the Peace Corps assumes that with farm couples, the husband has those agricultural skills that are desperately needed and the wife has the basic skills of home management — canning, sewing, nutrition, child care, etc. — that are in just as great need.

At this point a farmer might say, "Sure, I'd like to help the hungry people of the world and try to give them some of the benefits of my experience, but I've only worked with large equipment, expensive cultivators and corn harvesters; what I know is too advanced." But this assumption is incorrect; the American farmer can work in developing nations at all

"continued on P. 2"

All copy for this newspaper must be typed, double spaced originals. No carbons, or items which appear elsewhere before we publish, will be considered. Deadline, Monday A.M.



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## FARMER—continued

levels, from the experimental stations which are trying to mechanize agriculture to the village farmer whose only tools are a machete and a sharp stick.

Or the typical farmer (but more probably his wife) might modestly think, "I'd love to help for a couple of years and find out what is happening in the world, but really, I have no skills. I don't know anything." But remember that as Americans we so take for granted the skills we have that it is sometimes difficult to imagine that the whole world doesn't share this knowledge with us.

The need for basic farm knowledge in the poorer nations of the world is critical. People in Asia, Africa and Latin America are literally starving for this need, for someone who can show them how to fertilize corn or how to build a cheap chicken house or how to get water out of the river and into their fields. They need to know about the new seeds that can double or triple their yields. They need someone who cares enough to live with them for a couple of years, find out what their problems are and help come up with some answers.

Maybe you're the one to do it. Why not think about it anyway? It could be the greatest experience of your life. It was for me.

For further information about agricultural Volunteers in the Peace Corps, send a card or note to Ed Pytlak, Room 715, Washington, D.C. 20525.

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## Storrowton Theatre

Mame, the all time Broadway hit still on Broadway, will be the feature of a theater sponsored by The A.J.W.C. on Thurs., July 31 at the Storrowton Theater. Jane Morgan, currently starring in the lead role on Broadway, will portray Mame, supported by other members of the N.Y. Cast. Always a favorite with Storrowton patrons, this summer's production of "Mame" is sure to be another eve of superb entertainment. Local residents who wish to attend are invited to accompany the A.J.W.C. in order to take advantage of group rates. Res. for this performance may be made with Mrs. Louis Mercadante.

**A PURPLE MARTIN CAN EAT  
2000 MOSQUITOES PER DAY!**

The last things to do before heading off for your summer vacation should be to check your home. Be sure that light switches and water taps are off and be extra sure that all doors and windows are firmly secured.

Be sure to burglar-proof your home while away. The record indicates that most home burglaries are performed by amateurs and usually in the daytime when no one is home.

There is a vast difference between promise and performance.

## FOCUS-OUTDOORS 1969

### at Amherst

Registrations are already coming in for FOCUS: OUTDOORS, a natural history conference for the layman held every summer at the U. of M. conference facilities. FOCUS: OUTDOORS 1969 will be held the weekend of Aug. 1-3 and will feature 4 eminent naturalists as evening speakers, field trips and a Nature College of over 20 daytime classes on natural history subjects. As many as 1500 enthusiastic amateur naturalists will be registering for this vacation weekend program.

The conference, the only one of its kind, is sponsored by the Mass. Audubon Society and its local center is the Arcadia Wildlife Sanctuary in Northampton-Easthampton.

Some of the subjects to be covered in the 22-class Nature College are "White Water Canoeing," "Butterflies," "The Study of Bogs," "Bird Behavior," "At the Edge of the Tide," "Mushrooms," "Nature Sound Recordings in the Field," and "Protective Coloration." The schedule is arranged so that up to 6 of these classes can be attended along with the 4 feature programs.

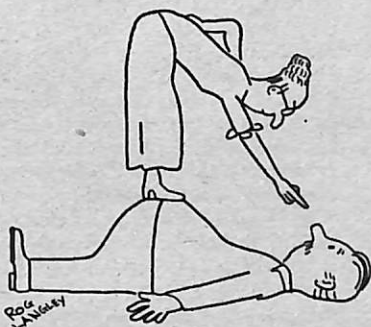
Dr. James Fisher, deputy chm. of the United Kingdom's Countryside Commission, will come from England to discuss his worldwide travels on behalf of endangered wildlife. Underwater photographer Harry Pederson will narrate his views of "The Bahamas From Top to Bottom," and Dr. Roman Vishniac will take FOCUS participants via color film into the world under the microscope.

The general chairman of FOCUS: OUTDOORS, Mr. Leslie Campbell, F.S.P.A., will direct the showing of the tenth Audubon International Exhibition of Nature Photography in a 4-screen multi-projector performance.

Conservation problems will be emphasized by all of the classes, and a panel discussion "The Conservation Crisis: What You Can Do" will be conducted by conservation experts. Exhibits by active conservation organizations will be assembled.

The cost for the 3 day weekend is only \$28.50, including 6 meals, 2 night's lodging, all of the feature programs, as many of the classes as one can attend, and a complete set of speaker's notes.

For a descriptive brochure and registration form, write to: ARCADIA, Easthampton, Mass. 01027.



I tell you every week and do you learn? No. Get me a subscription to the AGAWAM NEWS.

TODAY'S AGRI-FACT: People concerned with protection from pests for crops and flowers may benefit someday from research now going on with the use of light to upset the working periods of insects. It may soon become possible for the farmer in agriculture to prevent insects from going into diapause, or "winter sleep" in the fall by using high intensity lights at night which will cause insects to misinterpret short days as long days. Or farmers may spray a material harmless to plants and animals which blocks diapause or puts insects into diapause at a time unfavorable for their existence.

## Flight Nurses' Creed

### 20 years of service

This date, the United States Air Force Nurse Corps will celebrate twenty years of dedicated service to this country and her fighting men. This newspaper takes pride in wishing these courageous nurses the very best of everything. And now, the Flight Nurse's Creed.

I will summon every resource to prevent the triumph of death over life.

I will stand guard over the medicines and equipment entrusted in my care and ensure their proper use.

I will be untiring in the performances of my duties, and I will remember that upon my disposition and spirit, will in large measure, depend the morale of my patients.

## LIBERTY MUTUAL AIR RESEARCH

Hopkinton, Mass. is one of those quiet little New England towns that you are likely to miss if you blink your eyes while driving through. It is a typically clean, quiet country community far removed from urban pollution problems.

But in the midst of these placid surroundings is a trio of danger hunters who make their living by collecting and testing contaminated air from the cities' various industries which is sent to Liberty Mutual Insurance Companies' Hopkinton Research Center for analysis.

Against a backdrop of bunsen burners and bulging bottles, chemist George Lee directs the investigation, aided by two assistants. Lee, a tall, deliberate New Englander always determined to "find the answer," has been doing research for the company for 23 years.

His two white-froked assistants are a somewhat unlikely pair to find in a chemistry laboratory. Marion Dulong of Norfolk, who gave up teaching nursery school ten years ago because she found it boring, has great interest in searching for the hidden hazards. Ellen Bossman of Framingham, the newest member of the team, has been with them less than a year. After years in the high-pressure world of hospital laboratories, she decided to change to the relaxed rural atmosphere.

Together, they test the air breathed by millions of industrial workers. They seek out the latent nemeses which, though hardly discernible at any one point, may seriously disable or even kill over a period of years.

The air samples are collected at plants and factories across the country by Liberty's industrial hygienists and field service representatives. When a contaminant is feared, the sample is collected and sent to Hopkinton.

Lee and his staff then go through the deliberate pattern of boiling down or sorting out the chemical composition of the questionable sample. In some cases it is simple as heating, cooling, adding a solution, condensing, or doing a flame test.

But more often than not the researchers may do all that and still have to rely on three very special pieces of equipment. Spectrophotometer, Spectrophotofluorimeter and gas chromatograph are the names of these highly sophisticated instruments. Basically, what they do is sort out the elements in the air sample.

An air sample is injected into the chromatograph. Then, depending on the characteristics of the elements in question, information is automatically recorded on a chart. By checking the peak points on the chart with the time in tenths of seconds it took for them to show, the researchers can determine the nature of the sample.

The gas chromatograph measures by time and peak of a print out on a chart. The spectrophotofluorimeter measures by degree of fluorescence. When necessary, an organic reagent is used to aid in this process. The spectrophotometer measures color and degree of hue to help identify the element.

When the analysis has been completed, Lee confers with Liberty Mutual's industrial hygienists and a report is drawn up describing the sample. The report will state if there is a potentially hazardous situation, what the problem is and how best to alleviate it.

The research team test 4 to 5 thousand samples each year, either as part of the firm's regular policyholder service or upon special request. Liberty was a pioneer in this type of policyholder service and remains a leader in the field today. From a rather humble beginning in a small room in

I will be faithful to my training and to the wisdom handed down to me by those who have gone before me.

I have taken a nurse's oath reverent in man's mind because of the spirit and work of its creator, Florence Nightingale. She, I remember, was called the "Lady With the Lamp."

It is now my privilege to lift this lamp of hope and faith and courage in my profession to heights not known by her in my time. Together with the help of flight surgeons and surgical technicians, I can set the very skies ablaze with life and promise for the sick, injured, and wounded who are my sacred charges.

This I will do, I will not falter in war or in peace.

the Park Square Building in Boston, the research was moved to a floor in the firm's Home Office on Berkeley St., then finally was moved to Hopkinton in 1955.

Liberty Mutual is also involved in a number of other research projects aimed directly at healthier and happier working environments. Exemplary is a fatigue study, the goal of which is to determine acceptable measures for manual material handling jobs such as lifting, carrying, pushing, or pulling. In addition, Liberty has many training programs in the area of industrial hygiene for industrial safety supervisors.

"Today any worker has a better than ever health and safety environment," Mr. Lee firmly states. He is right, but constant innovation, bringing progressive changes in processes used, demand that researchers like Mr. Lee and his assistants must keep pace.

In the quiet country of Hopkinton they do just that. The work they do — literally and figuratively — is as important as the air we breathe.

Little things can break your back you can sit on a mountain, But not on a tack.

### At Last

A woman had a lump on her forehead removed by a new massage treatment.

She can now be described as level-headed.

On a 150-yard hole a strange bird ran across the fairway, whereupon the golfer remarked: "Look... a partridge on a par three!"

I keep my hands empty, for the sake of what I have had in them.

## Altitude---

# Be Cautious In Mountains

Planning a trip to the mountains to get away from the heat for a week or so? So are several million other American families at this time of year.

The American Medical Association cautions that if you're headed for some really high mountains, above 7,000 feet, it would be wise to make the change gradually if you wish to avoid "high altitude sickness." Anyone who has made a trip to Mexico City can tell you of his troubles at this time of year.

Try, if you can, to make the ascent over a span of days so that your body can adjust to the oxygen-poor "thin air" at higher elevations, cautions Today's Health, the magazine of the American Medical Association.

Symptoms of high-altitude sickness are drowsiness; headache; blueness of the nails, lips, nose and ears; a feeling of warmth and flushing of the face soon after arrival; troubled sleep; irritability, and shortness of breath.

There are some precautions that may help prevent distress if you have to make a fast trip from a low level to high elevations. Before the trip, get a good night's rest



and avoid alcoholic beverages and heavy smoking. A good breakfast an hour or so before departure is all right, but no food should be taken during the rest of the trip.

Reduce physical activity during the trip. Sit quietly as much as possible. After arrival in the high altitude area, go to bed for a few hours and eat very lightly. Indulge in only light physical activity during the first 24 hours. Walk don't run, if you have to climb steps to a hotel or lodge.

Patients with certain heart and respiratory conditions may encounter more serious discomfort by abrupt changes to high altitudes. However, physicians have noted that most patients with cardiac or pulmonary disease who can move around and engage in moderate activity at sea level most often can tolerate altitudes of 7,000 to 8,000 feet without serious effects.

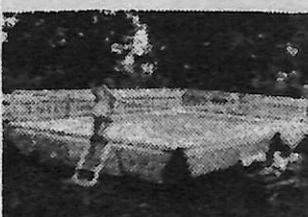
If you have doubts as to whether you or someone in your family may suffer from a trip to the high mountains, consult your physician in advance.

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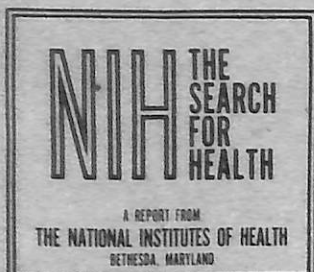
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### Poison Ivy, Oak, and Sumac

An estimated seven out of every ten Americans are allergic to poison ivy, oak, and sumac and will develop the familiar itching skin, rash or blisters, if exposed.

According to NIH's Division of Biologics Standards, the villain is urushiol, a component of the sticky sap found in all three plants. Direct contact with the urushiol is necessary to develop an allergic reaction although direct contact with the plant is not.

The urushiol may be carried in the fur of household pets and thus the unsuspecting allergy victim is exposed indirectly. Garden tools, clothing and smoke from burning plants may also be carriers of urushiol. Dead leaves or roots may still contain traces of urushiol and thus be potentially dangerous.

Skin reactions from the urushiols vary with the sensitivity of the individual and the length of exposure. Urushiol victims often worry about scarring, which rarely occurs, and tend to overtreat the symptoms.

Contrary to popular belief, scratching the rash or blisters does not cause it to spread. If the reaction appears to be spreading, it is likely that the urushiol is still on the skin.

Scratching is dangerous, however, as it opens the skin to secondary infection which can cause scarring or worse. A drying lotion will help relieve the itching. If symptoms are severe, a physician should be consulted.

The best preventive is learning to identify the plants and avoiding contact. Though many people claim to be allergic to only one of the three plants, research at NIH indicates that this is probably not true. The urushiols which cause the problem are closely related in all three plants.

If avoidance of the plant is impossible, the exposed skin should be washed immediately with strong soap to remove the urushiol. Clothing or garden tools which have made contact with the urushiol should be washed thoroughly.

A pamphlet prepared by the National Institute of Allergy and Infectious Diseases (NIAID) contains information on research in these plant allergies, along with pointers from the U.S. Department of Agriculture on how to recognize, avoid, and eliminate the plants.

The NIAID is the primary research arm of the NIH concerned with seeking knowledge leading to the prevention or cure of allergic disorders and infectious diseases. The DBS is responsible for research on the biologic products used in prevention, diagnosis or treatment of allergic and other disorders.

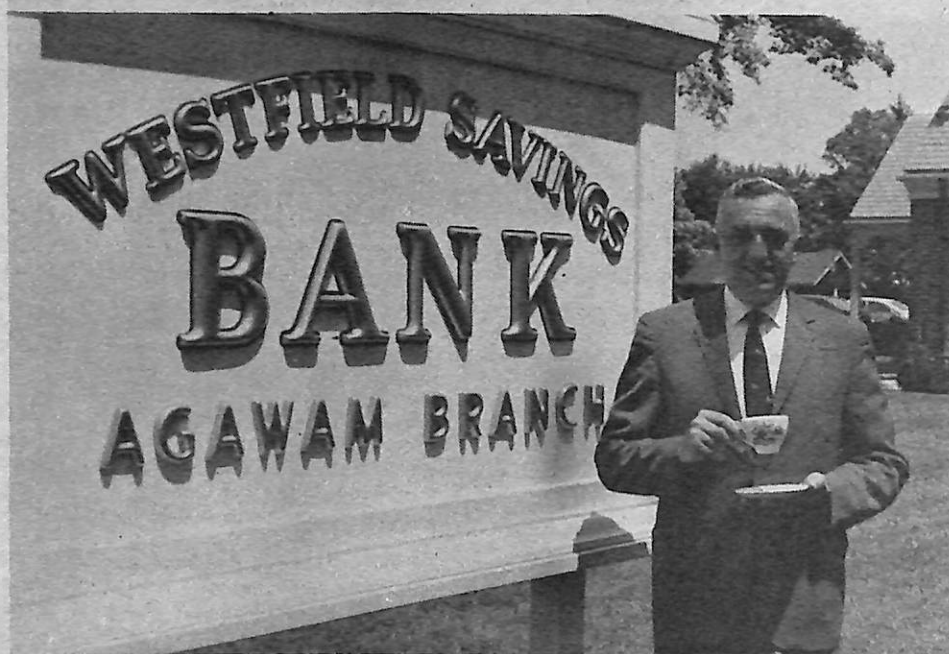
Write to NIH Feature Service, Bethesda, Md. 20014, for a free copy of "Poison Ivy, Oak, and Sumac," Publication No. 1723.



"The editor wants you to stop the press for a hot news story."

## WESTFIELD SAVINGS INVITES YOU TO HAVE... COFFEE AND CAKE WITH TOM HOWARD

(And Alice Hilliard, Alice Hope and Marilyn Grady)



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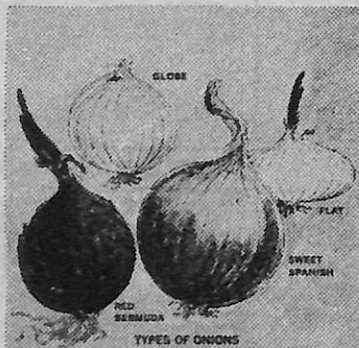
### Well, What Do You Know? fun, games and knowledge



by MARTHA GLAUBER SHAPP, Editor, The New Book of Knowledge

#### Do onions make you cry?

Have you ever peeled or chopped an onion and found yourself crying? This is because the knife releases the oils in the onion, and when the oils rise in tiny droplets through the air, they irritate



your eyes. If you hold the onion under cold water when you peel it, you will have no more tears. The cold water prevents the oils from reaching your eyes.

#### What is a safe picnic basket?

Warm summer weather brings the idea of picnics on the grass or on the beach. There are some foods that spoil easily and should not go into your picnic basket. The picnic foods most likely to

spoil include deviled eggs, egg salad or any salad made with mayonnaise, cream pies and pastries. But any food can spoil if it gets warm enough on the way to the picnic. Here are some good ways to avoid food spoilage on your picnics.

Keep food cold in an insulated bag that is kept cool by a big jar of ice cubes.

Use frankfurters or smoked meats; they are safer than others.

If milk cannot be kept cold, take fruit juice, iced tea, or soft drinks instead.

Take unopened cans, packages, or jars on your picnic; open them only at mealtime.

Use fresh fruit, not pastries, for dessert.

#### Do you know where the word "dollar" comes from?

In the early 16th century, in the silver mines of the Joachimsthal—the Valley of St. Joachim—in Bohemia, silver coins were struck. They were widely used in the West Indies trade before the American Revolution. The German word *thaler* means "valley," and the coins were known as *thaler*. From there it was a short step to our word "dollar."

### GRUPPIONI AT POLYTECH



Setting up a piece of work on a tape controlled milling machine during the Techniquet program at Worcester Polytechnic Institute are, from left, Clayton T. Chase, Holyoke, and John D. Gruppioni, Agawam.

WORCESTER, Mass. — The 31st Techniquet, a self orientation program for secondary school students, is underway at Worcester Polytechnic Institute. It continues through Sat., June 28.

Eighty-three students enrolled in this one-week program designed to assist young men in making a choice of

a career and determining the kind of ed. for which they may be best suited.

It consists of discussions, work samples, demos., field trips to Worcester industries and cultural spots, a meeting of parents and candidates with advisors and a final conference on each student.

Among those enrolled is John D. Gruppioni of Agawam.

Vast areas of Australia, once deserts, have become productive. It was found that the soil did not contain molybdenum, a necessary metallic element for vegetation. Properly distributed, an ounce of molybdenum will activate an acre for several years, the MASS. AUDUBON SOC. says.

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increasingly attractive target for  
burglars. While businesses have  
employed watchmen, watchdogs and  
highly intricate alarm devices, many  
homeowners don't even bother to lock  
their doors when they go out.

Bald drivers are okay but bald  
tires are passe, says the ALA.

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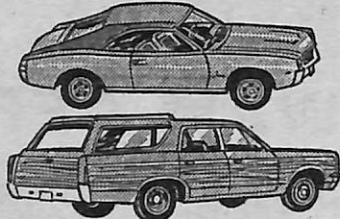
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Mass. Audubon Society

**ENVIRONMENTAL QUALITY**

President Nixon's executive order  
setting up a cabinet-level  
Environmental Quality Council has  
been greeted with applause by  
conservationists, who praised Nixon  
for beginning a high-level, coordinated  
attack on pollution problems. Work to  
improve the environment has been  
fragmented among many agencies, and  
the new council is expected to serve as  
a focal point in an unified effort to  
solve total environmental problems.

The N.Y. Times commented in an  
editorial, "It is gratifying that the  
White House and Congress are at last  
paying attention to this most  
fundamental of all domestic problems.  
The American people will no longer be  
satisfied with mere lip service. It is  
imperative that the question of  
environmental quality be treated at the  
highest level of Gov. with the effective  
concern that the subject demands." However, the Times expressed regret  
that the council had not been  
composed of "outside experts,  
appointed by the Pres. but less  
dependent on his favor than members  
of the Cabinet. However, the Pres.  
Council can still be effective in the  
degree to which Dr. DuBridge, aided  
by a good staff, exerts a strong and  
independent influence."

Kr. Lee A. DuBridge, adviser to  
Nixon on science and technology, has  
been named exec. sec. of the new  
Environmental Quality Council.  
Nixon will be chm. and V.P. Agnew  
vice-chm. The other 6 members of the  
council will be cabinet members: John  
A. Volpe, Sec. of Transp.; Walter J.  
Hickel, Sec. of the Inter.; Clifford M.  
Hardin, Sec. of Ag.; Maurice H.

Stans, Sec. of Comm.; Robert H.  
Finch, Sec. of H.E.W.; and George  
Romney, Sec. of Housing and Urban  
Devel.

When he set up the Environmental  
Quality Council, Pres. Nixon stated,  
"The deterioration of the environment  
is in large measure the result of our  
inability to keep pace with progress.  
We have become victims of our own  
technological genius. But I am  
confident that the same energy and  
skill which gave rise to these problems  
can also be marshaled for the purpose  
of conquering the. Together we have  
damaged the environment, and  
together we can improve it."

The new council will propose new  
anti-pollution measures, coordinate  
environmental programs on all  
governmental levels, and look ahead  
towards anticipating possible future  
problems.

John L. Sullivan's most famous  
fight—in 1889—went 75 rounds  
before he stopped Jake Kilrain.

Andrew Johnson, the 17th  
President of the United States,  
did not learn how to write until  
after he was married. His wife  
taught him.

Mary Queen of Scots was one  
of the first women golfers. She  
was beheaded in 1587.

Johann Sebastian Bach, one of  
the most prolific composers in  
the history of music, had 20  
children.

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Question: What are "sun  
sores?"

Answer: Sun sores, also called  
"fever blisters" or "cold sores"  
are painful blisters that erupt  
periodically on the lips, mouth  
and nose. They are actually  
virus infections medically  
known as herpes simplex and  
they are triggered by overex-  
posure to the sun, a common  
cold, gastric upset, tooth trou-  
ble or simply by hormonal



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ing and a dermatologist can  
prescribe antibiotic ointments  
to fight infection. Since herpes  
simplex is viral in origin, it's  
possible to get immunization  
for a recurrent condition. Con-  
sult a doctor about this—and  
don't try to self-medicate, cov-  
er-up, or wish away the sores.  
It shouldn't be done.

changes that  
occur be-  
fore menst-  
ruation. There's  
not too much  
that can be  
done for them  
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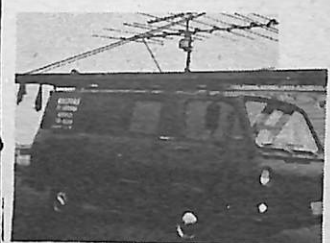
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